



Syllabus

Term: 2025/26/1 **Subject name:** Methods of Physical Education and Inclusion **Subject code:** ENAEDZN2301

Unit (Unit code) (TESTNEV)

Lecturer responsible for the course: Dr. TÓVÁRI Ferenc

Requirement: Term mark

Classes per week :

Classes per term:

Purpose of education:

Students are familiar with the concepts of integration and inclusion. Learn about domestic and international integration practices.

Students acquire knowledge of alternative and adapted modalities in physical education education. Get a picture of the features of inclusive pedagogy. Learn the methods used in alternative schools, the specifics related to physical education education.

Contents:

Theory:

- 1.) Alternatives to physical education. Interpretations concept.*
- 2.) Change in the education system. Leadership of schools.*
- 3.) School and child-centeredness. Evaluation Systems.*
- 4.) Characteristics of alternative schools. Rules and Order in Alternative Schools.*
- 5.) Consequences of Changes in Teacher Roles. Changing teacher roles today.*
- 6.) Integration, Inclusion, Inclusion and Acceptance. Interpretations concept.*
- 7.) International levels of integration and appearance.*
- 8.) Integration and public education policy.*



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Contents:

9.) The role of each subject in the development of inclusive schools.

10.) Characteristics and Types of Special Educational Demand.

11.) Opportunities for differentiated education.

12.) Developing principles that help students to progress.

13.) Opportunities for assessment of children, alternative assessment methods.

Exercise:

1-2.) Less-than-for-glimpses, blinds integration tasks: Teaching grips, confidence quizzes, athletic runners.

3.) Grouped task solutions, presentation.

4-5.) Basics of sitting volleyball. Difference in the game compared to volleyball. Individual and pair exercises. Team Game.

6.) Snooker volleyball. Driving game.

7-8.) Basics of rattle playing. The ball management options. The importance of defense.

9.) Roulette playing under varying conditions. Driving game.

10-11.) The versatility of the bouquet. Supports.

12.) Bossa individual and group competitions.

13.) Sensitizing tasks can be solved in classroom, gymnasium.

System of examing and valuation:



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System of examining and valuation:

Theory: Making a presentation or presentation on the topic to be processed one time during the semester.

Practice: Active participation in exercises, compilation of selected topic topics.

- 70% participation in the theoretical lectures and exercises during the semester

- on the basis of small performances and the quality of the presentations

- on the basis of the grade of the oral test (colloquium)

Bibliography:

Pattie Rouse: Inclusion in Physical Education: Fitness, Motor and Social Skills for Students of All Abilities. Human Kinetics ISBN-13:978-0-7360-7485-8 ISBN-10: 0-7360-7485-6

Gary Stidder, Sid Hayes: Equity and Inclusion in Physical Education and Sport. Routledge. ISBN: 978-0415-67061-6

Lauren J. Lieberman, Cathy Houston-Wilson: Strategies for Inclusion: A Handbook for Physical Education. Human Kinetics. ISBN-10: 0-7360-6247-5 ISBN-13: 978-0-7360-6247-3

Bibliography: